



# GUNNISON ANGLING SOCIETY

THE GUNNISON CHAPTER OF TROUT UNLIMITED

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## Casting for Recovery Offers Fly Fishing Workshops to Cancer Survivors

**Casting for Recovery** (CfR) was established in 1996 as a 501(c)(3) national nonprofit organization to support women recovering from breast cancer in a program that combines counseling, medical information and instruction in the therapeutic sport of fly fishing, to build a focus on quality of life issues. Casting for Recovery is committed to diversity.

Casting for Recovery's retreat program instructs women in fly fishing's gentle casting techniques, which provide therapeutic motion for joint and soft tissue stretching in areas affected by radiation and surgery.

The retreat is offered at no cost to participants. Casting for Recovery depends on donations from individuals, foundations, organizations, and companies to underwrite the cost of the programs.

More than 1,500 active, trained volunteers helped plan and conduct 44 retreats in 33 states in 2012. Core retreat volunteer teams are composed of women who are medical and counseling professionals as well as fly fishing instructors, while men and women both serve as volunteer "River Helpers" during the retreat program.

Casting for Recovery is actively creating relationships with *Tough Enough to Wear Pink*, *GVH Foundation*, *Living Journeys*, and *Gunnison Angling Society* to bring a retreat to the Western Slope in 2016. Currently, there are two retreats on the Front Range in the spring and fall at the North Fork Ranch.

To learn more about CfR, visit their website at [castingforrecovery.org](http://castingforrecovery.org). For more information about the Western Slope CfR Retreat and to make a donation, visit their fundraising site at [www.gofundme.com/cfr-western-slope](http://www.gofundme.com/cfr-western-slope). And check out their YouTube video here [www.youtube.com/watch?v=mrbqOwkA-DU](http://www.youtube.com/watch?v=mrbqOwkA-DU).

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 john@riffleandrise.com  June 21, 2015  General Info

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